

# #rak4theU

Random Acts of Kindness Week **February 9-15, 2015**

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We know you spread kindness every day, but during **Random Acts of Kindness Week** we want you to share your kindness with us. Post pictures of acts of kindness at the U and tag them with **#rak4theU**.

Every day we will pick our favorite one and repost it. Need kindness ideas? Here are just a few.

Leave a nice note for a colleague • Help collect trash on campus • Hold the door for the person after you  
Say thank you • Share healthy snacks at the office • Post an inspirational quote on your desk  
Support a good cause • Make someone smile

**Let's make The U a kinder place together!**

