

UNIVERSITY
OF MIAMI
STUDENT AFFAIRS



**THE DR. JESS SPIRER
PREDOCTORAL INTERNSHIP
IN
PROFESSIONAL PSYCHOLOGY**

2012-2013

**Counseling Center
University of Miami
Coral Gables, Florida**

The University of Miami

The University of Miami, a privately supported, non-sectarian institution, was established in 1926. The main campus of the University of Miami is located in suburban Coral Gables and the School of Medicine is situated in mid-town Miami's medical center complex. The University enrolls 10,368 degree seeking undergraduate students and 5,289 graduate students in approximately 114 undergraduate and 161 graduate/professional areas of study. The University of Miami's students represent 50 states and over 110 nations. Approximately, 40% of the students live on campus and 68% are from outside the Greater Miami area. Among the undergraduate student body, 47% declared themselves to be members of a minority group and 11% were classified as international students. The University employs 2,557 full-time teaching faculty members. As one of the most comprehensive private research universities in the Southeast, the University ranked 60th of all universities receiving federal support for research and development programs. More information about the University of Miami can be obtained from our website: <http://www.miami.edu>.

The University of Miami Counseling Center

The Counseling Center is the sole provider of psychological services to the University of Miami student body. Individual and group psychotherapy, which are provided at no cost, are the primary modes of intervention available for personal and developmental problems. However, the Counseling Center also offers a full array of clinical services including psychiatric consultation, diagnostic testing, and career counseling. Clients seek treatment at the Counseling Center for a broad spectrum of psychopathology as well as for the typical adjustment issues that college students experience. The treatment approach at the Counseling Center follows a brief therapy model. In addition to these clinical activities, the Counseling Center offers consultation services and outreach programming for the entire University community. The Counseling Center is housed within the Division of Student Affairs which enhances the ability of the staff to interface closely with other areas of the University in providing psychological services in a timely and effective fashion. The Counseling Center has a diverse, multi-disciplinary staff which includes highly experienced licensed clinical psychologists with a variety of specialty interests. The Counseling Center has demonstrated a long standing commitment to the clinical training of graduate students by being a key practicum placement for doctoral students from the Clinical Psychology Training Program and the Counseling Psychology Program which are both accredited by the American Psychological Association.

The Dr. Jess Spirer Predoctoral Internship Program

The Dr. Jess Spirer Predoctoral Internship Program began in 1993, and is supported by a generous bequest from Mr. and Mrs. Fred C. Flipse. Additional funding has been provided by the University of Miami. This program honors the outstanding professional contributions of Jess Spirer, the founder and first Director of the University of Miami Counseling Center. He served in that capacity for thirty-three years. In addition, he was a Professor of both Psychology and Sociology at the University. His professional training included a Ph.D. in Clinical Psychology from the University of Pittsburgh and an LL.B. from Duquesne University. Dr. Spirer was a member of the first group of psychologists accepted for Diplomate status by the American Board of Professional Psychology. After retiring from the University in 1978, he engaged in private practice in Coral Gables, Florida. Dr. Spirer died on June 21, 1993. He will be remembered at the Counseling Center as one who stood for excellence in the clinical training of graduate students as well as for the highest level of professionalism in the delivery of counseling and clinical services to students at the University.

Fred C. Flipse died on June 1, 1997 at the age of 85 and Helen Donn Flipse passed away on October 2, 2006 at the age of 89. Their generosity and thoughtfulness provided the inspiration for the initiation and development of the internship program. They are remembered as wise, caring, patient and humble individuals whose involvement has closely touched the lives of our staff, interns, and the many students who have benefited from the activities of the internship program.

Internship Goals and Objectives

The Dr. Jess Spirer Predoctoral Internship Program utilizes a General Practitioner Training Model in providing a closely supervised, sequenced, high quality training experience in intervention, assessment, and consultation for interns. It is expected that interns who successfully complete the program will have developed the fundamental skills and knowledge to launch professional careers in a wide array of clinical settings, not limited to a university counseling center. Interns gain experience in the areas of intervention, assessment and outreach consultation within the context of working with individuals from diverse cultural backgrounds and lifestyles. This is accomplished by a commitment of the Counseling Center to excellence in supervision through a broad range of training activities. Efforts are made with interns to individualize their training experience in view of their specialty areas and past training. Interns are encouraged in their development as practitioners to value the role of science as the basis for their clinical work. The Counseling Center is aware that professional growth and personal development are intertwined, and consequently is supportive of opportunities for the intern's own personal growth.

Professional Activities

Following an orientation to the Counseling Center and the University, the interns' initial level of clinical development is determined through discussions between the staff and the interns. An effort is made to individualize the interns' professional assignments and supervisory sessions based upon their needs and stated interests. Interns meet on a regular basis with the training director to process any concerns or issues that pertain to their internship experiences.

1. Individual Psychotherapy -- The largest portion of the interns' time involves working in therapy on a one-to-one basis with students in both short and long-term models. The Counseling Center attempts to be flexible in providing the most appropriate treatment alternatives available, and thus sessions also involving couples are encouraged.
2. Group Psychotherapy -- The Counseling Center offers a number of counseling groups to University of Miami students each semester. The groups tend to be topic oriented such as compulsive eating, women's issues, difficulties in relationships, and test anxiety. Interns participate in these groups as co-therapists, and depending upon their experience, they are also encouraged to conduct groups on their own.
3. Diagnostic Interviews -- Interns conduct intake sessions on a regular basis through which they can develop skills in clarifying presenting problems and considering treatment alternatives.
4. Psychological Assessment -- The interns are also given opportunities to administer and interpret test battery assignments for the purpose of making refined judgments in diagnosis and case dispositions. The nature and extent of the testing assignments are determined in part by the particular intern's past training and experience with specific assessment instruments. The minimum expectation is that an intern will complete two full-battery and three partial-battery assessment assignments.
5. Career Counseling and Testing -- The use of psychological tests for helping to clarify students' decisions in regard to choosing academic majors and careers is an important function of the Counseling Center. Interns are encouraged to interact with the Career Planning and Placement Office when helping students in this area.
6. Crisis Intervention -- The Counseling Center staff is available on a 24-hour basis by means of a cell phone for psychological crises that may occur after hours. Interns can be included in the handling of these emergencies, providing them first hand experience in assessing such important clinical issues as suicidal potential and need for hospitalization. For two weeks during the Spring Semester it is expected that interns will accompany the on-call psychologist when paged for campus emergencies. In addition, during the summer, interns are assigned the emergency cell phone for several weeks. Also, it's not unusual for interns to handle clients in crisis during walk-in intake sessions or in association with their ongoing case load.

7. **Campus Consultation/Outreach Programming** -- Interns are often called upon to provide talks and workshops to the University community on numerous relevant topics such as stress management, date rape, and eating issues. The residence halls at the University of Miami function within an innovative Residential College system providing a useful context for developing outreach programs. In addition, there are opportunities for consultation involving the inter-collegiate athletic programs and various departments in the Division of Student Affairs. Interns have been involved in ongoing consultation programs at the Student Health Center, the Athletic Department, Multi-cultural Student Affairs, the Women's Resource Center, the Wellness Center, the Panhellenic Association, the University Chaplains' Association and a peer-counseling program at the Law School. Also each intern works with a professional staff member and helps coordinate one of the ongoing Counseling Center outreach programs: The Sexual Assault Response Team (SART), the Body Awareness and Resource Education Program (BARE), Lifeguards (suicide prevention) and the Counseling Outreach and Peer Education Program (COPE). Another outreach feature is the media psychology aspect of the internship in which interns have the opportunity to be interviewed on psychoeducational topics for the campus television and radio stations as well as the student newspaper. Interns are expected to participate in a minimum of five outreach programs, coordinate at least one major comprehensive outreach event, and create a self-help leaflet.
8. **Research** -- The Counseling Center recognizes the importance of research in the development of the professional psychologist, and the interns are given time and encouragement to pursue their research interests. This might include analysis and writing for doctoral dissertations. The actual time available for research can vary from a minimum of one hour during peak periods of clinical demand, to considerably more time during winter break and the summer when the clinical demands are lessened. Special arrangements were made for an intern who expressed an interest in women's health issues, to participate in a research project at the University of Miami School of Medicine involving behavioral intervention for women with AIDS. Furthermore, the program has instituted a monthly research discussion group which meets during the spring semester.
9. **Conducting Supervision** – The Counseling Center is a practicum site for the APA accredited University of Miami Clinical and Counseling Psychology Doctoral Programs. Interns are expected to supervise a practicum student on at least one psychotherapy case. Typically, interns lead the discussion of practicum student case presentations during the spring semester Clinical Training Seminar.

Supervision and Training

1. Individual Supervision -- Each intern is assigned a primary supervisor who provides two hours of individual supervision each week. In order to permit the intern to experience a broad range of theoretical approaches, an effort is made to assign a different primary supervisor for the fall, spring and summer semesters of the internship year. Furthermore, interns typically are given at least one additional hour of individual supervision each week from other psychologists on the staff. This secondary supervision includes supervision for clinical activities such as group therapy or work with therapy clients where a psychologist has a special expertise. Interns are consequently given the opportunity to be supervised by each psychologist on the staff. Videotaping and audiotaping are important aspects of supervision at the Counseling Center.
2. Clinical Training Seminar -- This weekly one-hour meeting is conducted by a psychologist at the Counseling Center for the interns. While the format of the seminar varies, it usually entails discussion of ongoing cases and related clinical issues.
3. Case Conference -- The interns along with the entire staff meet three times a week for one hour to discuss treatment plans and diagnostic issues involving our clients. One of the Counseling Center's consulting psychiatrists attends this meeting in order to provide input on medication and medical issues. Interns are expected to present cases on a regular basis.
4. Assessment Seminar -- A Counseling Center psychologist meets with the interns on a weekly basis for one hour to present, discuss and interpret the data from their assessment assignments. This meeting follows a group supervision format, supplemented by didactic presentations on assessment instruments and individual supervisory sessions on an as needed basis.
5. Clinical and Professional Topics Seminar -- This is a weekly one-hour didactic seminar in which Counseling Center psychologists, Affiliate Training Staff, and professionals in the community discuss specific professional and clinical issues. At the beginning of the internship year, the meeting is typically conducted by the staff of the Counseling Center and involves providing basic knowledge concerning areas such as conducting intake interviews, ethics, campus and community resources, crisis management, psychopharmacology, eating disorders, career assessment, supervision, self care and implementation of outreach/consultation. In addition to these basic sessions, examples of topics included in recent years were: The Relationship Between Movement and Mood; Working with Closet Narcissism; Treating Eating Disorders in Athletes; The IMAGO Approach to Couple Counseling; A Psychoanalytic View of Substance Abuse; and Strategies for Finding a Post-Doctoral Position and Employment in Psychology. An expanded training module involving multicultural issues is also featured in this seminar. Recent topics that highlighted multi-cultural issues included: Special Problems Facing a Multi-cultural Student Body; Decreasing the Risk of Negative Mental Health Outcomes for African-American Women in Abusive Relationships; Eating Disorders Among Hispanic

Adolescent Girls and Women; An Asian Perspective on Mental Health; Issues in the Treatment of Gay, Lesbian, and Bisexual Clients; and Avoiding Stereotypes in Working with Diverse Clients. Interns are active in selecting topics and present at one meeting as well. This meeting is conducted in the Counseling Center conference room and the informal atmosphere encourages an open exchange of ideas.

6. Psychotherapy Process Seminar -- A member of the Affiliate Training Staff meets with the interns for one hour on a weekly basis to examine psychotherapy issues involving their clients in an in-depth and interactive fashion.
7. Research Discussion Group --This one-hour monthly meeting, conducted by a Counseling Center psychologist, is offered to discuss matters related to research in psychology during the spring semester. This may involve review of ongoing intern dissertations or research articles related to relevant mental health topics. This meeting also provides the opportunity to assist Student Affairs departments in developing research designs and planning program evaluations.
8. Grand Rounds -- Interns have the opportunity to attend the Department of Psychiatry Grand Rounds held at the Medical Campus. Each meeting typically involves a presentation of relevant professional and clinical issues in mental health. Offerings have included: Dream Imagery and Function: A Neuro-Psychoanalytic Inquiry; New Research on the Development of PTSD Following Trauma: Role of Memory, Coping, Sleep and Dreams; Combining Medication with Family Interventions of Axis I Disorders; Depression as a Recurrent Phenomenon: Old Lessons and New Tricks; Pharmacology and Alternative Medicine: Building Bridges; Parenting: Gay or Straight (How) Does It Matter; and Psychological Effects of Natural Disasters and Terrorism. These meetings are usually held on a weekly basis (1.5 hours) and are open to the University community. Attendance is optional.

There are a number of other training opportunities available to interns:

- a. The Counseling Center administers the Sexual Assault Response Team (S.A.R.T.), a group of peer advocates who respond to sexual assaults. Interns are given the opportunity to attend the training and processing sessions for S.A.R.T.
- b. Approximately every three weeks a psychologist from the Counseling Center conducts the Coordinated Care Team Meeting which focus upon case management for specific eating disorder cases. In addition to interns and therapists from the Counseling Center, a physician from the Student Health Center participates in this effort.
- c. The Counseling Center sponsored Body Awareness and Resource Education (BARE) program is designed to provide prevention activities and psychoeducational programming related to eating disorders on the University of Miami campus. Interns have the opportunity to be active in the outreach programs and events offered by BARE.

- d. The Counseling Center has close ties to the Psychology Department at the University of Miami, and interns have the opportunity to attend colloquia offered in that department.
- e. South Florida often has nationally known figures offering workshops and some funds are provided for interns to attend workshops of special interest to them.
- f. The Counseling Center's Affiliate Training Staff is available for individual consultations and discussions in their areas of expertise on an as needed basis.
- g. The Counseling Center staff is aware that often the most significant professional and personal growth occurs through the exchange of ideas with one's peers. Interns are encouraged to interact among themselves.

ESTIMATED WEEKLY HOURS

Activity	Hours
Primary Individual Supervision	2
Secondary Individual Supervision	1
Clinical Training Seminar	1
Case Conference	3
Assessment Seminar	1
Psychotherapy Process Seminar	1
Professional and Clinical Topics Seminar	1
Grand Rounds/Colloquia (optional)	(1.5)
Meeting with Training Director	1
Individual Psychotherapy	14-15
Group Therapy	2
Intakes	2-3
Walk-In Intakes	1
Assessment	2
Outreach Activities	2
Record Keeping	5
Professional Development/Research	1
Total	40-42

The above chart is included as a general estimate of the activity hours per week. Please note that actual activity hours may vary depending upon the time of the academic year and the nature of the intern's assignments. For example, extra intakes might be added to an intern's schedule if his or her caseload was considerably lower than expected. Furthermore, time available for research expands significantly during periods of low clinical demands such as winter break and the summer.

Diversity and Training

Training and experience in working with individuals from diverse cultural backgrounds and lifestyles is a critical feature of the General Practitioner Training Model, and one that is greatly valued at the University of Miami Counseling Center. Cultural and lifestyle diversity is quite apparent among the clients seeking treatment at the Counseling Center. In fact, The Princeton Review recently praised the University of Miami for being ranked by the guidebook as No. 1 in Race/Class Interaction. The University of Miami prides itself upon being a "global university" with 11% of the undergraduates being classified as international students. Furthermore, 47% described themselves to be members of a minority group (Hispanic students - 29%; African American students - 8%; Asian students - 10%). There is also an Office of Disability Services on the UM Campus that frequently refers students to the Counseling Center for clinical services. These disabilities range from extreme physical limitations to Adult Attention Deficit Disorder. In addition, the University of Miami has an active gay community on campus, and consequently interns are exposed to the special conflicts experienced by gay individuals.

External Rotation

The Counseling Center may arrange for the interns to spend up to 200 hours, usually during the summer semester, at a clinical placement outside the Counseling Center. The external rotation can provide the interns with a broader training experience by exposing them to clinical populations and settings not available at the Counseling Center. The specific placement is made on the basis of the intern's interests and training needs. Although this feature is viewed as an elective and supplemental experience, interns are strongly encouraged to take advantage of this opportunity. While there is no guarantee that a particular site will be available for placement, through the years, interns have been placed at the Miami Veterans Administration Hospital, The Oliver-Pyatt Center for Treatment of Eating Disorders, The Wellness Community, El Centro Center for Health Disparities Research, The South Miami Hospital Addiction Treatment Center, Mt. Sinai Comprehensive Cancer Center, the University of Miami School of Medicine (The Department of Sports Medicine, The Department of Family Medicine, The Center for Family Studies and The Center on Adult Development and Aging), Mt. Sinai Department of Rehabilitative Medicine (Miami Beach), the University of Miami Psychological Services Center, the University of Miami Employee Assistance Program, Miami-Dade County Office of Youth and Family Development, and the Susan B. Anthony Recovery Center (Ft. Lauderdale).

Affiliate Training Staff

The Counseling Center has invited a number of clinical practitioners in South Florida who have a high level of expertise in specialty areas to participate on a voluntary basis in the Internship Program as Affiliate Training Staff. They have indicated their willingness to be available to the interns for consultations and seminars in their area of expertise. This enriches the interns' experience by providing them with knowledge and perspectives from outside the academic community.

ELIGIBILITY AND APPLICATION PROCEDURES

Eligibility and Stipend

Successful completion of all required course work, practicum experiences, and qualifying examinations in a doctoral level clinical/counseling psychology program accredited by the American Psychological Association is required by the beginning of the internship year. The internship year begins on August 21, 2012, and applications are due by November 11, 2011. The stipend for the 12-month internship is \$23,660. Benefits include two weeks of vacation and all University holidays. Interns have the option of purchasing group health insurance at a low cost.

Since the program adheres to a General Practitioner Training Model, it is not necessary to have counseling center practicum experience to apply. Students from clinical, counseling, or professional school programs are eligible. Interns are strongly encouraged to live within twenty miles from campus.

Application Procedures

The Counseling Center participates in the APPIC Internship Matching Program (Match No. 120111). Candidates for the internship program should provide the Counseling Center with the following materials by November 11, 2011:

- a. A completed application form - The Counseling Center uses the APPIC Application for Psychology Internship (AAPI) form which may be accessed at [http://www: appic.org](http://www.appic.org) and clicking on "AAPI Online."
- b. Curriculum vitae
- c. Cover letter
- d. Official transcript of all graduate work
- e. At least three letters of recommendation

Questions about the internship program should be directed to:

Dr. Edward Rappaport, ABPP
Training Director
Counseling Center
University of Miami
P.O. Box 248186
Coral Gables, FL 33124-5520
(305) 284-5511
erappaport@miami.edu

Interview Process

Our interview notification deadline is December 15, 2011. Applicants selected for interviews are typically notified by phone. Those not offered an interview are informed by either e-mail or regular mail. The interviewee can either choose an on-site or phone interview. On-site interviews, which are encouraged, usually include half-hour individual, unstructured, separate meetings with the Training Director, one or two professional staff members and an intern. The phone option includes half-hour, unstructured interviews with the Training Director and an intern. Interviews are scheduled from late December through mid January.

The Counseling Center is a member of the American Association of Psychology Postdoctoral and Internship Centers (APPIC). This internship site agrees to abide by the APPIC policy that no person at this training facility will solicit, accept or use any rank-related information from any intern applicant.

Accredited by the American Psychological Association

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American Psychological Association

**Office of Program Consultation and Accreditation
750 First Street N.E.
Washington, DC 20002 4242
(202) 336-5979
www.apa.org/ed/accreditation**

**Association of Psychology Postdoctoral and Internship Centers
10 G. Street, N.E., Suite 750
Washington, DC 20002
(202) 589-0600
www.appic.org**

PROFESSIONAL STAFF

Carolyn Ashley Eberhardt, Ph.D.
Clinical Psychologist
Southern Illinois University

Dr. Eberhardt completed her internship at the William S. Hall Psychiatric Institute in Columbia, South Carolina. She returned to the Counseling Center in 1992 having previously served here as a clinical psychologist from 1980 -1984. During the eight years away, she gained much experience in providing psychological services in various settings, including an inpatient setting designed especially to serve severely emotionally disturbed children and adolescents. She has had a great deal of experience in forensic psychology involving primarily psychological assessment work within the Juvenile Court System. Areas of continuing professional interest include psychological assessment, developmental issues of adolescence and young adulthood, and special issues in the treatment of minority populations.

Francis J. Flynn, Psy.D. CAP
Addictions Counselor
Nova Southeastern University

After completing his internship at the University of Miami/Jackson Memorial Hospital Rehabilitation Hospital, where he worked with amputees and spinal cord injuries, Dr. Flynn began an eleven year career as a counselor and chaplain in a maximum security prison of the Florida Department of Corrections. In addition, he served as a member of the adjunct faculty of the University of Miami Department of Religious Studies. He is a Florida Certified Addictions Professional and maintains a private addictions counseling practice in Miami where he specializes in the use of traditional addictions counseling techniques and neuro-biofeedback.

Patricia Rodriguez Gilmore, M.S. Ed., LMHC
Mental Health Counselor
University of Miami

Ms. Rodriguez completed her undergraduate work at Barry University and received her master's degree in Mental Health Counseling from the University of Miami in 2003. Prior to coming to the Counseling Center, she gained much experience within the substance abuse field and also in a psychoanalytic training institute within the LGBT adult division in New York City. In addition, she worked as the Program Director of a mental health and substance abuse treatment program at the Miami Dade Regional Juvenile Detention Center. Areas of continuing professional interest include substance abuse, LGBT concerns, HIV/AIDS, supervision issues and motivational enhancement therapy.

Jayanta Hegde, Ph.D.
Clinical Psychologist
University of Arizona

Dr. Hegde earned his B.A. at Stony Brook University and his M.A. and Ph.D. at the University of Arizona. While at Arizona, he conducted research on the cognitive neuroscience of depression and took an interdisciplinary interest in the mind/body problem, altered states of consciousness, and meditation. Dr. Hegde completed his pre-doctoral internship at the Albany Medical College Consortium followed by a postdoctoral fellowship at the University of Miami School of Medicine/Jackson Memorial Hospital. During his postdoctoral training he was awarded a competitive fellowship from the American Psychoanalytic Association. Dr. Hegde's professional interests include psychoanalytic and existential psychotherapy, psychotherapy integration, severe psychopathology, and so-called altered states of consciousness such as psychotic, psychedelic, or meditative states.

Lynn Hernandez, M.D.
Consulting Psychiatrist
Universidad Technologica de Santiago School of Medicine
Santo Domingo, Dominican Republic

This is Dr. Hernandez's fourth year as a consultant at the Counseling Center. She earned her undergraduate degree in psychology at the University of Miami. After completing residencies in psychology at Temple University Hospital in Philadelphia and Kings County Hospital (State University of New York) in Brooklyn, she returned to Miami where she was a Fellow in Child and Adolescent Psychiatry at the University of Miami/Jackson Memorial Hospital. Dr. Hernandez is a Diplomate of the American Board of Psychiatry and Neurology. She has consulted at a number of child, adolescent and adult mental health agencies in South Florida including the Renfrew Center. Dr. Hernandez also has a part-time psychiatric private practice in Broward County.

Kimberly Martin, M.S.W., LCSW
Licensed Clinical Social Worker
Indiana University

Ms. Martin has worked with a homeless transitional program for women and children, a community family service agency, a maternity care home for adolescents in the dependency system, and two foster care agencies in South Florida. She has provided individual, group, and family therapeutic services to diverse populations with a primary focus on group therapy dynamics and family mediation. Ms. Martin has conducted trainings in school settings so that they may implement peer mediation programs and has training in conflict resolution. Ms. Martin also has extensive training and experience treating children and adolescents who have been both victims and perpetrators of sexual trauma. Her clinical interests include helping individuals cope with trauma experienced from abuse, bereavement, healthy relationship development, forensic social work and transitional life issues.

Kirt McClellan, M.S.W., LCSW
Interim Director / Assistant Director and Licensed Clinical Social Worker
New York University

Mr. McClellan was raised in Cheyenne, Wyoming and received his Bachelor of Social Work degree at the University of Wyoming in 1997. After completing his graduate work at the New York University School of Social Work in 1998, he accepted a graduate internship with the Senior Action in a Gay Environment (SAGE) where he provided elderly gay and lesbian's individual, couple and group psychotherapy throughout the five boroughs of New York City. Since obtaining his professional license in both Wyoming and Florida, Mr. McClellan has worked in a variety of clinical settings including an acute psychiatric hospitalization unit, an adolescent residential treatment center, a substance abuse treatment center and private practice. His clinical interests include trauma, sexual abuse, sexual orientation and substance abuse.

Lauren Ozbolt, M.D.
Consulting Psychiatrist
Albert Einstein College of Medicine

Dr. Ozbolt is an Assistant Professor of Clinical Psychiatry in the Department of Psychiatry and Behavioral Sciences of the Miller School of Medicine, University of Miami. She completed her psychiatry training and fellowship at the University of Miami Miller School of Medicine/Jackson Health System where she served as Chief Resident in the Department of Child and Adolescent Psychiatry. During her medical training she was admitted into the Alpha Omega Alpha Society and was the recipient of the T. Byram Karasu Award for Psychotherapy and the Glasgow-Rubin Achievement Citation from the American Medical Women's Association. Dr. Ozbolt is a Diplomate of the American Board of Psychiatry and Eating Disorders. In addition to her work in the Counseling Center, Dr. Ozbolt serves as the Medical Director of the University of Miami Eating Disorders Program.

Edward Rappaport, Ph.D., ABPP
Training Director and Clinical Psychologist
Florida State University

Dr. Rappaport is the founding Training Director of the Predoctoral Internship Program. His interest in internship training began during his own internship experience at the Langley Porter Psychiatric Institute (University of California School of Medicine, San Francisco). He is a tenured Associate Professor who has published in the area of anxiety. Dr. Rappaport is a Past President of the Dade County Psychological Association and has also served as Ethics Committee Chairman for the Association. He is an American Board of Professional Psychology (ABPP) Diplomate in Clinical Psychology. His professional interests include individual psychotherapy, treatment of anxiety disorders, anger management and sociocultural influences on mental health.

Tammy Sifre, Ph.D.
Clinical Psychologist
University of Miami

Dr. Sifre has long been interested in the integration of mind and body starting with her undergraduate education at Wellesley College followed by a year in Southeast Asia learning about alternative approaches to health. She researched public health and behavioral health issues for four years at Abt Associates before earning her Ph.D. from the University of Miami with a specialty in health psychology and psychoneuroimmunology. She completed her internship at the University of Miami Counseling Center and later completed a three year post-doctoral position conducting stress management interventions for women diagnosed with breast cancer. Her professional interests include holistic psychology, lifestyle management, cognitive behavioral therapies, and mindfulness-based approaches to well-being.

AFFILIATE TRAINING STAFF

Edwina Bell, Psy.D.
Nova Southeastern University
Specialty Area: Multicultural Issues

Lori S. Blum, Ph.D.
University of Miami
Specialty Area: Women's Issues

Philip C. Boswell, Ph.D.
University of Miami
Specialty Area: Ethics/Professional Issues

Amy Boyers, Ph.D.
University of Miami
Specialty Area: Health Psychology

Julio G. Calderon, M.D.
University of Miami
School of Medicine
Specialty Area: Psychopharmacology

Sherwood Cantor, M.D.
SUNY, Downstate Medical Center
Specialty Area: Psychopharmacology

Luly Casares, Ph.D.
George Washington University
Specialty Area: Contemporary Psychoanalysis

Karen Dainer-Best, Ph.D.
University of Rochester
Specialty Area: Eating Disorders

Nichola Chung, Ph.D.
Rutgers, The State University of New Jersey
Specialty Area: Substance Abuse / Cognitive Behavioral Therapy

Barbara L. Goldman, Ph.D.
University of Miami
Specialty Area: Abuse/Trauma

Lynne Harkless, Ph.D.
University of Miami
Specialty Area: Gay, Lesbian and Bisexual Issues

Harriet Lefley, Ph.D.
University of Miami
Specialty Area: Cross-Cultural Psychology

Frederick J. Levine, Ph.D., ABPP
University of Michigan
Specialty Area: Psychoanalytic Theory

Janice Lindsay-Hartz, Ph.D.
Clark University
Specialty Area: Psychoanalytic Psychotherapy

Elbert W. Russell, Ph.D.
University of Kansas
Specialty Area: Neuropsychology

Daniel Santisteban, Ph.D.
University of Miami
Specialty Area: Family Therapy

Julissa Senices, Ph.D.
Pennsylvania State University
Special Area: Multicultural Issues / Eating Disorders

Alexis Sims, Psy.D.
Baylor University
Specialty Area: Cognitive-Behavioral Psychotherapy / Eating Disorders

Theodore Treese, M.D.
University of Miami School of Medicine
Specialty Area: Psychopharmacology

INTERNS: PAST AND PRESENT**2011-12**

Aaron Allred
Brigham Young University
Clinical Psychology

Jessica Genet
University of Miami
Clinical Psychology

Vanessa Scaringi
University of Texas at Austin
Counseling Psychology

2010-11

Kisha Bazalais
Boston College
Counseling Psychology

Audrey Cleary
University of Arizona
Clinical Psychology

Anke Seidel
Southern Methodist University
Clinical Psychology

2009-10

Allison DeFinis
Texas Tech University
Counseling Psychology

Joshua Hook
Virginia Commonwealth University
Counseling Psychology

Donna LaBarge
Southern Illinois University
Counseling Psychology

2008-09

Analesa Clarke
Texas A&M University
Clinical Psychology

Leah Lagos
Rutgers, The State University of New Jersey
Clinical Psychology

2007-08

Casey Augustus-Horvath
Ohio State University
Counseling Psychology

Sarah Hood
American University
Clinical Psychology

Pamela Kronen
University of Texas at Austin
Clinical Psychology

2006-07

Naila Ali
Nova Southeastern University
Clinical Psychology

Tamara Godfrey
Ohio State University
Counseling Psychology

Kenya Urcuyo
University of Miami
Clinical Psychology

2005-06

Sasha Carr
Rutgers, The State University of New Jersey
Clinical Psychology

Erica Connors
University of Rhode Island
Clinical Psychology

Andrea Gonzalez
University of Illinois at Urbana-Champaign
Clinical Psychology

2004-05

Lyndon Aguiar
New York University
Counseling Psychology

Danielle Hadeed
University of Miami
Counseling Psychology

Jose Sandoval
University of Miami
Clinical Psychology

2003-04

Andrea Gaynor
American University
Clinical Psychology

Nyaka NiiLampti
Temple University
Counseling Psychology

Julissa Senices
Pennsylvania State University
Counseling Psychology

PREVIOUS INTERNS' HOME PROGRAMS

- 2002-03** Rutgers, The State University of New Jersey
Clinical Psychology
- University of Miami
Counseling Psychology
- University of Virginia
Clinical Psychology
- 2001-02** Chicago School of Professional Psychology
Clinical Psychology
- Nova Southeastern University
Clinical Psychology
- Baylor University
Clinical Psychology
- 2000-01** Florida Institute of Technology School of Psychology
Clinical Psychology
- Emory University
Clinical Psychology
- University of Miami
Clinical Psychology
- 1999-00** University of Miami
Clinical Psychology
- Illinois School of Professional Psychology
Clinical Psychology
- Florida Institute of Technology School of Psychology
Clinical Psychology

- 1998-99** Georgia School of Professional Psychology
Clinical Psychology
- University of Miami
Clinical Psychology
- Fordham University
Counseling Psychology
- 1997-98** Nova Southeastern University
Clinical Psychology
- California School of Professional Psychology
Clinical Psychology
- Nova Southeastern University
Clinical Psychology
- 1996-97** Nova Southeastern University
Clinical Psychology
- University of Maine
Clinical Psychology
- Nova Southeastern University
Clinical Psychology
- 1995-96** Northeastern University
Counseling Psychology
- University of Miami
Counseling Psychology
- Nova Southeastern University
Clinical Psychology

1994-95University of Toronto
Clinical PsychologyUniversity of Miami
Counseling Psychology**1993-94**University of Miami
Clinical PsychologyUniversity of Miami
Counseling Psychology

The Annual Fred and Helen Flipse Award Recipients

The Fred and Helen Flipse Award is presented to individuals and organizations from the South Florida community for extraordinary contributions to internship training. Employees of the Counseling Center are not eligible. This award is named in honor of our donors, Fred and Helen Flipse.

- 1999 -** Frederic Levine, Ph.D., ABPP
- 2000 -** Daniel Santisteban, Ph.D.
- 2001 -** The University of Miami Citizens Board and
The Renfrew Center
- 2002 -** Lori S. Blum, Ph.D.
- 2003 -** Steven N. Clark, M.S.
- 2004 -** Julio G. Calderon, M.D.
- 2005 -** Patricia A. Whitely, Ed.D.
- 2006 -** Sally B. Philips, Ed.D.
Alexis Sims, Psy.D.
- 2007 -** Norman C. Parsons, M.S.
Oren Wunderman, Ph.D.
- 2008 -** Brian Lewis, Ph. D., ABPP
- 2009 -** Leanne M. Rutter, M.D.
- 2010 -** Jason Dahn, Ph.D.
Christopher Hartnett
- 2011-** Oliver-Pyatt Centers
Amy Boyers, Ph.D.