



This document is to accompany the employee to the emergency room and given to the healthcare provider

Guidelines for Care of Persons with Potential Exposure to Herpes B-virus

Purpose: For informational purposes only. This should not replace the appropriate medical management of the exposed employee.

The emergency room healthcare provider may consult with the University of Miami's Infectious Disease Specialist, **Dr. Lorraine Dowdy** at:

Office (305) 243-7618

Pager (305) 277-6462

The healthcare provider in the ER will evaluate the injury and may decide to:

- Culture the wound for B-virus (Swab to be placed in Viral Transport Media (VTM))
- Collect blood for a baseline titer for Herpes B-virus (7 ml. tiger top tube).
- Prescribe the appropriate medications and medical management related to the exposure.

For instructions on swab and blood collection, contact:

- Director of Veterinary Resources -office- 305-243-2312 or pager 305-729-2880
- UM employee health office-(305) 243-3400 or pager-305-750-0525

Culture and blood specimens should be placed in the appropriate package and returned with the employee for submission to National B-Virus Resource Laboratory, Atlanta, GA by their department at the University of Miami.

B-virus related disease is characterized by a variety of **signs and symptoms** which generally occur within one month of exposure. These may include:

- Vesicular (small blister) skin lesions at or near site of injury
- Localized neurological symptoms such as pain, numbness, or itching near the wound site
- Flu-like aches and pains
- Headaches lasting more than 24 hours
- Fatigue
- Fever and chills
- Muscular incoordination, and /or
- Shortness of breath.

The **treatment facility** is to provide **copies** of all laboratory reports as well as the healthcare provider's notes. Please fax this to Employee Health Office, University of Miami (305) 243-3272. Office phone number (305) 243-3400