Walking the Trail

Continue on San Amanda until you reach Memorial Drive, then take a right. The School of Law and the Otto G. Richter Library will be on your right. The Richter Library houses the Cuban Heritage Collection, the largest private collection of Cuban historical documents and research materials outside of the island nation. The collection is free and open to the public. When you reach the fountain at McAlamo Plaza, turn right onto the brick path between the library and the Ashe Building, then turn right to follow the Student Activities Center (SAC) and the University Green. Visitors are welcome to enjoy the outdoor tables and chairs in this beautiful green space.

The next stop is Whitney University Center, the heart of student life and campus involvement. Inside you will find the Hurricane Food Court, the bookstore, a U.S. Post Office, Ticketmaster outlet, The Oasis (a kosher deli), a dry cleaner, ATM machines, and a 24-hour convenience store with cold drinks, ice cream, and snacks. You may choose to add the extra loop around Lake Osceola, where you can stop by the butterfly garden or visit the campus labyrinth. A centuries-old meditation path, the labyrinth is located in the Florida Keys Arboretum, which is filled with plants native to that area of the state.

As you exit the University Center, continue along Stanford Drive, named for the university’s third president, Henry King Stanford. On your left is the Lowe Art Museum, the oldest private collecting museum in Miami-Dade County. The museum houses a diverse collection that includes Renaissance, Baroque, African, Asian, Native American, Pre-Columbian, and contemporary art, as well as the Sheldon and Myrna Palya Pavilion for Contemporary Glass and Studio Arts.

Continue on the sidewalk next to Leon Boulevard and turn right to continue on the main path. You may wish to turn left to add an additional loop to the trail around the open green space bordering Grand Traverse. Follow Ponce de Leon Boulevard all the way back to Dickinson Drive and turn right. At the end of the street, you will come to a traffic circle. In front of you is the School of Architecture, which includes the Jorge M. Perez Arts & Architecture Center. The sidewalk path takes you to the Herbert Wellness Center, a hub of fitness and wellness activities for students, faculty, and staff. Many of its programs are open to the community. For more information, visit university.wellness.miami.edu.

Walk On!

Regular cardiovascular exercise such as walking or running can help improve circulation, tone muscles, and facilitate weight loss. Whether you’re walking or running, the Ibis Trail is a great place to exercise. Here are some tips from fitness experts at the University’s Herbert Wellness Center:

• Wear bright colors and/or reflective shoes so you can easily be seen by drivers.
• Don’t forget a hat, sunglasses, and sunscreen!
• Walk with a companion. If you walk alone, make sure you tell someone your route and when you are leaving.
• Carry identification but leave your valuables at home.
• Should you have an emergency, blue-light safety phones are located throughout campus.

Always check with your physician before beginning a new fitness routine.

Campus Highlights

Green Spaces

Community residents are welcome to use the University’s 230 acres of open green space. Please keep in mind that pets must be kept on a leash at all times and owners must clean up after their pets. Children under 12 must be accompanied by an adult.

Sculptures on Campus

The University’s sculpture garden features pieces by respected artists at several focal points around campus. Thanks to the generosity of many donors to the University, this exciting collection of outdoor art works continues to grow. For details about the sculptures or to learn more about the area at UM, visit miami.edu/artscape.

Butterfly Garden

Located along the Ibis Walking Trail behind Eaton Residential College, the Butterfly Garden is a living laboratory. The garden is home to more than 30 different varieties of plants and attract butterflies such as the monarch, orange, and brush foot, as well as the zebra longwing, Florida’s state butterfly.

Florida Keys Arboretum

This arboretum highlights trees and shrubs native to the Florida Keys as well as some species characteristic of paletudan regions.

Gifford Arboretum

Planted in 1947, the Gifford Arboretum is a collection of tropical and sub tropical trees run by the Department of Biology and the Friends of the Gifford Arboretum.

Committee as an educational resource for the University and greater Miami community. For programming information, visit miami.edu/community or call 305-284-5364.

Labyrinth

Located on the shores of Lake Osceola, the labyrinth is the perfect place to unwind. Featuring a highly intricate design more than 4,000 years old, it is a popular destination for reflection and meditation. Unlike a maze, it has no dead ends or alternate routes—just one path that leads to its center and back.

Lake Osceola

Home to a wide variety of wildlife, Lake Osceola is the site of the annual homecoming boat burning and fireworks ceremony.

Palmetum

Established in cooperation with Fairchild Tropical Garden and the Montgomery Botanical Center, the University’s palmetum includes nearly 1200 palms and cycads that are native to South Florida or represent distinct, rare, or endangered species from 38 nations. An invaluable resource for helping to ensure future generations of these plants remain green, the palmetum is the only collection of its kind on a U.S. college campus.

University Green

Located in front of Richter Library, University Green is an inviting picnic spot and home to campus events such as community pep rallies, and the Screen on the Green movie series. Wi-Fi-enabled for the convenience of those using laptop computers, the Green is also a popular place to study.

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